

# *South Penn Road Runners Club*

PO Box 608 Hanover, PA 17331

[www.sprrr.fws1.com](http://www.sprrr.fws1.com)

May 2008

The May 6, 2008 was held following the first Summer Series race. In attendance were all of the runners, race helpers and spectators.

## Old Business:

The Summer Series shirts for 2007, earned by runners who completed seven of eight events or all eight, will be in soon.

## Race and Events:

Kids Night at the Races: Wednesday May 21. Check in at 6 PM, racing starts at 6:30 PM. We need as many helpers as possible to move the children around the track, maintain order, judge the finish, give out awards, sell t-shirts, sign in the runners, and everything else. Please come on out around 5:30 race night to be assigned a job.

South Western Triathlon for Children: Saturday May 31. Racing at 8:30 AM. We are doing the clock for this first-time event. Sixty pre-entries are already in. Let's help them to create a wonderful event for the children. We will be on the track at SW High School.

Tails for Trails: Saturday September 13. This is a 50 mile commemorative event organized by the Haws for Kev's 50<sup>th</sup>, as he moves to a new age group. The course is 8.3 miles of Codorus State Park trails and roads. You can do all or any number of the six loops. The proceeds go to an animal rescue charity. See the web site for details, and entry.

Heritage 5 K: Saturday September 20. This is our annual event in coordination with the Hillside Medical Center, ERA Preferred Properties and the Muscular Dystrophy Association.

**Hills of Horror Half Marathon:** Sunday October 19, race at 9 AM. This is our 8<sup>th</sup> annual race. We need help at the three water stations and registration, if you are not running.

**Summer Series:** The first race is over. The results are out as a separate mailing. Congratulations to Steve Miller, the handicap winner and a visitor from York, Pat Hickey, who had the fastest time of the day. The next races are the 4 mile team run at SW HS on May 20 and the 3 mile predicted time run at Codorus State Park on June 3. All races start at 7 PM.